

# The City Bridge Trust

## Investing In Londoners: Application for a grant



### About your organisation

Name of your organisation: <b>Brighter Opportunities through Supported Play</b>	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? <b>Outside London</b>	
Contact person: <b>Mrs Paula Davies</b>	Position: <b>Fundraiser</b>
Website: <b>http://www.bosp.co.uk</b>	
Legal status of organisation: <b>Registered Charity</b>	Charity, Charitable Incorporated Company or company number: <b>1107392</b>
When was your organisation established? <b>01/06/1991</b>	

### Grant Request

Under which of City Bridge Trust's programmes are you applying? <b>Making London More Inclusive</b>
Which of the programme outcome(s) does your application aim to achieve? <b>Services helping people with a newly acquired or diagnosed disability to maintain choice and control in their lives</b> <b>Work supporting young disabled people (aged 16-25) in the transition to adulthood and/or independent living</b>
Please describe the purpose of your funding request in one sentence. <b>Individualised/group out-in-the-community, structured, targeted, outcome focussed support to Havering disabled young people transitioning into adulthood and changing attitudes on how they are perceived and received.</b>
When will the funding be required? <b>01/10/2018</b>
How much funding are you requesting? Year 1: <b>£7,451</b> Year 2: <b>£19,075</b> Year 3: <b>£19,075</b>  <b>Total: £45,602</b>

**Aims of your organisation:**

BOSP offers a wide range of support via regular clubs and activities at evenings, weekends and during school holidays, all of which work toward supporting independent living via the delivery of worthwhile activities that are carefully selected, researched and tailored to improve quality of life. Our organisation aims and objectives are:

? To enable children and young people, whether they have profound physical disabilities, require specialist feeding, have complex health needs or very challenging behaviours; the option to access activities readily available to their mainstream peers; whilst relieving family pressures by providing much needed respite.

? To deliver sessions as fun and dynamic as possible, in order to develop the children and young people's independence, self-esteem, physical, social skills and well-being in a fun and supportive environment, so they can enjoy better quality of life both inside the home and within the wider community.

**Main activities of your organisation:**

We offer support via sessions and clubs at evenings, weekends and during school holidays providing learning, life and social skills for children/young people, local employment and volunteering opportunities, utilisation of local companies for merchandise and activity sessions plus effecting positive change as to how the disabled interact, the services that are open to them and how they are perceived.

**Number of staff**

Full-time:	Part-time:	Management committee members:	Active volunteers:
<b>2</b>	<b>6</b>	<b>4</b>	<b>13</b>

**Property occupied by your organisation**

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
<b>Rented</b>	<b>Office exp Feb 2019/venues n/a</b>

## Summary of grant request

Project need results from being a disabled young person. Various challenging behaviours and reduced ability to integrate and socialise mean they are vulnerable and extremely marginalised in society. This has huge bearing on social/emotional development leading to loneliness and frustration which can slow development, limiting capacity to take part in everyday activities. More widely; during past delivery of our services we found we were educating businesses, communities and general society regarding their perception of disabled young people.

The work to be delivered is structured activities suitably innovative and differentiated to support at different developmental stages. We do things differently at BOSP, striving to change how disabled people are viewed, so we utilise a high staff ratio ensuring all communication, social healthcare and physical needs are met, promoting independence and ensuring safety of all. The BOSP club model of inclusion in society allows us, during carefully planned and risk assessed activities, to meet our aim of disabled young people integrated into wider community whilst looking for volunteering opportunities which could lead to possible future employment (Good Practice Principal: value and support volunteers).

This project will achieve via opportunities to effect change how the disabled interact and how they are perceived. Other providers support a lower need level and/or where the parent/guardian remains present as this is cheaper. However, it is not what disabled young people want or families need and can be far less effective in achieving objectives. We conduct user consultations (Good Practice Principal: involve disabled people in the planning, management and running of the service) to ensure appropriate service content that reflects cultural, social diversity and meeting of need (Good Practice Principal: welcome people from all backgrounds and value diversity). Our 2017 surveys identified need for more outdoor-in-the-community activities that will enable the young disabled person to develop as much independence as possible. Previous recorded impact evidenced that achieved aims/objectives directly targeted and benefited point of need. Results were amazing for all parties i.e. disabled young people, volunteers, local commercial organisations realising potential of opening their services to this demographic.

We are the right organisation to fund because we are truly 'asset-based' in our approach i.e. we never plan a service, activity, session or trip without consulting our young people, considering their abilities, talents, personal qualities, current skill base and/or interests. We do this to harness their capabilities, using as a base to further develop their skills. We take time to individually match our delivery support workers to each young person and plan sessions that develop them so they can transcend into adulthood more easily. Our office activities are delivered on a carbon footprint reduction basis (Good Practice Principal: taking steps to reduce your carbon footprint) actively applying our Environmental Management Policy.

The outcomes are:

- 1) Work supporting young disabled people (aged 16-25) in the transition to adulthood and/or independent living: e.g. our Let's Connect club which targets the upper teenage years; developing independence skills and encouraging disabled young people to be comfortable out-in-the-community. It is at this stage when puberty can be in full development they have their most challenging experiences, needing clear guidance on what is/is not socially acceptable behaviour towards them and/or from them. We provide direction enabling disabled young people to recognise situations and gain life skills to deal with them effectively.

*Continues overleaf*

*Continued from previous*

2) Work enabling disabled people of all ages to live independently: e.g. our Life and Social Skills projects whereby out-and-about services utilise a wide variety of identified activities, developing skills of money handling, road awareness, social skills, decision making, different culture education, knowledge creation and skills plus exercise incorporated wherever attainable.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

**OFSTED Outstanding 2013-14**

**We ensure we adhere to all relevant legislation and best practice guidance in the delivery of care and support to our disabled young people and channel our available funds into services.**

### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

**170 detail planned sessions (4 x attendees per session) comprising structured activities that support young disabled people at their most vulnerable time during adolescence. Year 1 delivery: 32 sessions / year 2: 69 sessions / year 3: 69 sessions, comprising 4.5 hours or 5.5 hours**

**6 young people, specifically from Havering area. Actual ages: 16,17,18,20,23,25. Accommodating 4 places each session (not all 6 will attend every session). Any unused places will be carried-over within project and redistributed amongst these specific young people to ensure an even attendance amongst those still within your age range.**

**680 places over the 2.5 years of the project. Spread evenly this allows approximately 113 opportunities per young disabled Havering person for our dedicated support staff to utilise their skills and benefit these specific disabled young people.**

**3 people directly employed comprising: 2 Senior Support Workers for average of 4.9 hours per session (total 1680 hours) plus 1 Office planner/co-ordinator for 1 hour each session (total 170 hours) plus 1 volunteer for average of 4.9 hours per session (total 840 hours).**

**Number of employment and volunteer hours of: 2 Senior Support Workers = total 1680 hours / 1 Office planner/co-ordinator = total 170 hours / 1 volunteer = total 840 hours.**

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

**95% will have improved self-esteem which leads to improved well-being (based on our most recent general qualitative data capture on soft outcomes achieved for disabled young people which we aim to match or exceed).**

**75% will have improved communication skills enabling them to become more Independent (based on our most recent general qualitative data capture on soft outcomes achieved for disabled young people which we aim to match or exceed).**

**95% will have reduced social isolation due to attending group activities with peers resulting in improved mental health (based on our most recent general qualitative data capture on soft outcomes achieved for disabled young people which we aim to match or exceed).**

**95% will have learned a new skill or had new experiences resulting in improved confidence (based on our most recent general qualitative data capture on soft outcomes achieved for disabled young people which we aim to match or exceed).**

**General society perception within the area of service delivery and willingness to accommodate disabled young people will have improved. We will collect, collate and analyse data during the project life to provide BOSP with a measure of the influence achieved. Outcomes will be fed into service planning.**

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

**Our Havering young people aged 16,17,18,20,23,25. Funding accommodates 4 rolling places (unused places to be carried-over within project). Post funding we will continue our services to existing Havering young people and welcome new. We actively undertake community fundraising events (2016-17 = over £10,000), charity of the year business/corporate partnerships, donations, sponsorships, collect parental contributions, foundation grants (2016-17 = over £159,000)**

## Who will benefit?

### About your beneficiaries

How many people will benefit directly from the grant per year?

**10**

In which Greater London borough(s) or areas of London will your beneficiaries live?

**Havering (100%)**

What age group(s) will benefit?

**16-24**

**25-44**

**45-64**

What gender will beneficiaries be?

**All**

What will the ethnic grouping(s) of the beneficiaries be?

**White (Including English/ Welsh/ Scottish/ Northern Irish/ British; Irish; Any other White background)**

**Mixed / Multiple ethnic groups**

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

**91-100%**

## Funding required for the project

### What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Senior Support Workers	3,286	7,087	7,087	17,461
Office planning/co-ordination	361	779	779	1,921
Expenses for 2 travel support staff	768	1,656	1,656	4,080
Activity Costs @ £20 per young person per day/session	2,560	5,520	5,520	13,600
Pro-rata'd element of Fundraising staff/costs	1,098	2,366	2,366	5,831
Pro-rata'd element of admin/office staff	839	1,808	1,808	4,455
Pro-rata'd element of premises & overheads	1,177	2,537	2,537	6,253
	0	0	0	0
	0	0	0	0
<b>TOTAL:</b>	<b>10,089</b>	<b>21,753</b>	<b>21,753</b>	<b>53,601</b>

### What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Less parental contributions @ minimum £5 per child/young person per session	640	1,380	1,380	3,400
Less amounts predicted: charity Fun Walk May 2018 of £500 plus BOSP Ball June 2018 £1500 / charity Fun Walk May 2019 of £500 plus BOSP Christmas Stall 2019 £800 / charity Fun Walk May 2020 of £500 plus BOSP Christmas Stall 2020 £800	2,000	1,300	1,300	4,600
	0	0	0	0
	0	0	0	0
<b>TOTAL:</b>	<b>2,640</b>	<b>2,680</b>	<b>2,680</b>	<b>8,000</b>

### What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Paul Hamlyn Trust (as part of a bigger project)	23,000	0	0	23,000
	0	0	0	0
	0	0	0	0
	0	0	0	0
<b>TOTAL:</b>	<b>23,000</b>	<b>0</b>	<b>0</b>	<b>23,000</b>

## How much is requested from the Trust?

<b>Expenditure heading</b>	<b>Year 1</b>	<b>Year 2</b>	<b>Year 3</b>	<b>Total</b>
Senior Support Workers	3,286	7,087	7,087	17,461
Office planning/co-ordination	361	779	779	1,921
Expenses for 2 travel support staff	768	1,656	1,656	4,080
Activity Costs @ £20 per young person per day/session yr 1 less 640 / yr 2 less 680 / yr 3 less 680	1,920	4,840	4,840	11,600
Pro-rata'd element of Fundraising staff/costs yr 1 less 1000.00 / yr 2 less 1000.00 / yr 3 less 1000.00	98	1,366	1,366	2,831
Pro-rata'd element of admin/office staff	839	1,808	1,808	4,455
Pro-rata'd element of premises & overheads yr 1 less 1000.00 / yr 2 less 1000.00 / yr 3 less 1000.00	177	1,537	1,537	3,253
<b>TOTAL:</b>	<b>7,449</b>	<b>19,073</b>	<b>19,073</b>	<b>45,601</b>



## Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: <b>March</b>	Year: <b>2017</b>
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Income received from:	£
Voluntary Income	61,680
Activities for generating funds	0
Investment Income	35
Income from charitable activities	227,684
Other sources	15,073
<b>Total Income:</b>	<b>304,472</b>

Expenditure:	£
Charitable activities	237,927
Governance costs	0
Cost of generating funds	45,867
Other	0
<b>Total Expenditure:</b>	<b>283,794</b>
<b>Net (deficit)/surplus:</b>	<b>20,678</b>
<b>Other Recognised Gains/(Losses):</b>	<b>0</b>
<b>Net Movement in Funds:</b>	<b>20,678</b>

Asset position at year end	£
Fixed assets	20,927
Investments	0
Net current assets	24,302
Long-term liabilities	0
<b>*Total Assets (A):</b>	<b>45,229</b>

Reserves at year end	£
Restricted funds	10,201
Endowment Funds	0
Unrestricted funds	35,028
<b>*Total Reserves (B):</b>	<b>45,229</b>

**\* Please note that total Assets (A) and Total Reserves (B) should be the same.**

### Statutory funding

For your most recent financial year, what % of your income was from statutory sources? 1-10%
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### Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:  None
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### Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	<b>Year 3 £</b>	<b>Year 2 £</b>	<b>Most recent £</b>
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	19,658	52,311
Other statutory bodies	55,981	1,323	1,800

### Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

<b>Name of Funder</b>	<b>Year 3 £</b>	<b>Year 2 £</b>	<b>Most recent £</b>
Action for Children	0	0	90,264
Action for Children	0	79,416	0
Lloyds Bank Foundation	0	21,081	0
Children In Need	0	0	20,352
Lloyds Bank Foundation	0	0	14,790

### Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes      Full Name: **Paula Davies**

Role within                      **Fundraiser**  
Organisation: